



FOCUS4HOPE

HAPPY
NEW
YEAR
2025

JANUARY 2025

Volunteer of the month...

Every month we love to acknowledge our fabulous team of volunteers and have a special 'shout out' to those that have gone above and beyond our expectations.

So, for this month, we are proud to give a special mention to **Laura Jones**.

Laura helps at our homeless feeds and actively sources lots of donations for our outreach. She went above & beyond by organising the Christmas present packs we gave out to the homeless in December.

Thank you so much Laura – we appreciate all you do!



Business of the month...

James TEAM MANAGER of the escalated complaints department at HSBC organised 3 teams across 3 separate days to help with our big Christmas Project.

They were some of the unfortunate teams who lifted and carried large bulk orders of food and supplies and helped to organise and wrap our hamper boxes.

They brought lot's Christmas cheer and enthusiasm to our grotto and we couldn't have done it without them!



THANK YOU



HSBC UK

Our Numbers Round-up

CRISIS FOOD
PARCELS & SUPPORT

15



BIG CHRISTMAS
PROJECT

549

1274 CHILDREN

790 ADULTS

2037 PEOPLE IN TOTAL

FAMILIES ATTENDING
SUPERMARKET

55



HOMELESS FEEDS

138

All received a present pack
with assorted/essential
goodies funded by AABIE



SENIORS ATTENDING TRIPS

15

CHRISTMAS LUNCH

80

HOME STARTER KITS

3



CRAFT CLUB & COFFEE MORNING ATTENDEES

48

CRUST & CRUMB EVENT

30

Vote Focus4Hope!

Y★RKSHIRE
CHOICE AWARDS

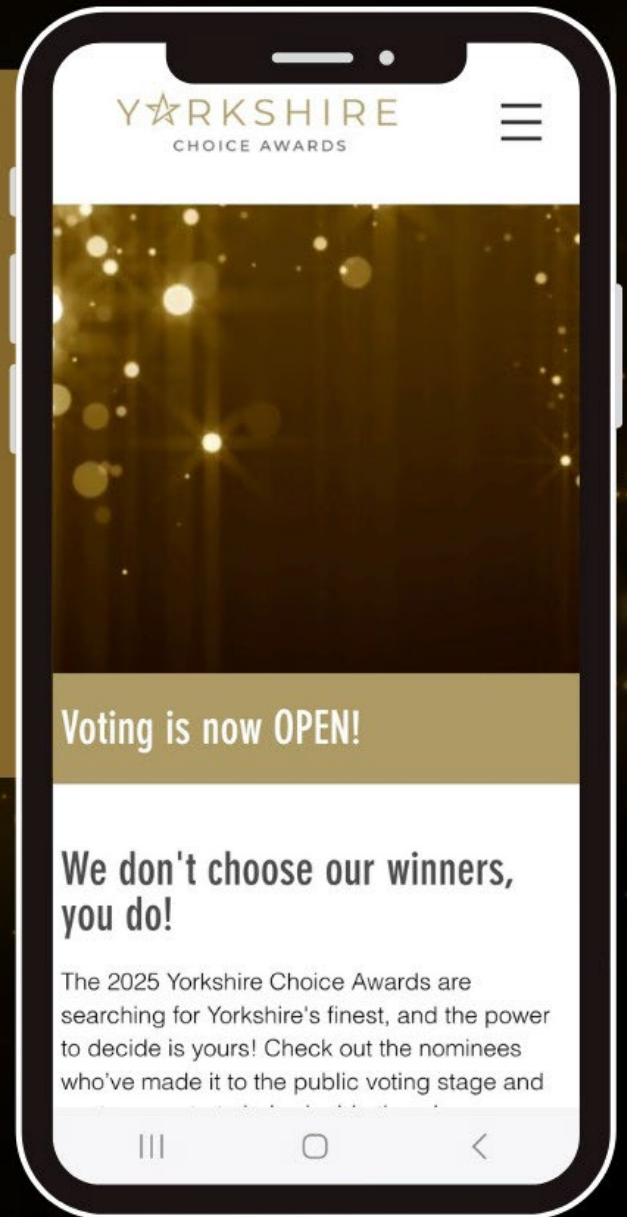
CHARITABLE EXCELLENCE AWARD

www.yorkshirechoiceawards.co.uk/votehere



**FOCUS
4HOPE**

Voting closes 7th March 2025



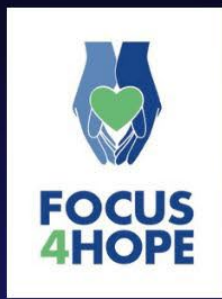
We are over the moon to announce we have
been nominated for

CHARITABLE EXCELLENCE AWARD

for the prestigious

YORKSHIRE CHOICE AWARDS

PLEASE TAKE A MOMENT TO VOTE FOR US!



REMINISCENT CINEMA

FIRST TUESDAY OF EVERY MONTH

Please Join us at The Church of St John the Divine, Brighthouse for a pay
as you feel community lunch at 12 noon, followed by our afternoon
cinema 1:30pm-4:00pm

DATE

FILM

February 4th

Steel Magnolias

March 4th

Top Gun

April 1st

Eat Pray Love

May 6th

Pretty Woman

June 3rd

Calendar Girls

July 1st

My Girl

August 5th

Marley & Me

September 2nd

Grumpy Old Men

October 7th

Mrs Doubtfire

November 4th

The Bucket List

December 2nd

Jack Frost

The Church of St John the Divine, st John Street
(off Gooder Lane) HD61HN
www.focus4hope.co.uk 01484 443979

COFFEE MORNING

SUPPORT DROP IN

10.00-11.30am

Every other Monday
at The Hub from
9th October 23



MONDAY 3RD FEBRUARY 2025
ALL WELCOME

For more information contact us at:

Charity No. 1192543



The Hub, 12 Huddersfield Road, Brighouse HD6 1JZ [f](#) [t](#) [i](#) [i](#)

t: 01484 443979 e: nic@focus4hope.org focus4hope.co.uk

Carbon Monoxide – The Silent Killer

You can't see it, taste it, or smell it, but Carbon Monoxide (CO) can kill.

What is CO?

Carbon Monoxide is a poisonous gas that is produced when gas, oil, solid fuels and liquid petroleum gas (LPG) do not burn fully. It can occur when an appliance has been incorrectly fitted, badly repaired or poorly maintained.

Spotting the signs



Lazy yellow or orange flames (rather than crisp and blue) on a gas appliance



Pilot lights frequently blowing out



Dark staining around/on appliances



Increased condensation on windows

Turn over to learn more

What should I do if I suspect CO poisoning?

1. Call the National Gas Emergency Service on **0800 111 999**
2. Turn off appliances, open doors & windows and leave the property
3. See your doctor immediately or go to the hospital

Recognising the symptoms

- Headaches
- Dizziness
- Nausea
- Breathlessness
- Collapse
- Loss of consciousness



Smell Gas?

Call the National Gas Emergency Service on **0800 111 999**

 northerngasnetworks.co.uk

Stay safe...

At home

- Install an audible CO alarm.
- Get your appliances serviced by a qualified engineer once a year.
 - **0800 408 5500** or visit Gas Safe Register gassaferegister.co.uk (gas appliances)
 - **01684 278170** or visit for Heating Equipment Testing & Approval Schemes (HETAS) hetas.co.uk (solid fuel)
 - **01473 626 298** or visit Oil Firing Technical Association (OFTEC) oftec.org (oil appliances)

On the water

- In large boats, such as houseboats, it is important to make sure that any gasoline-powered engines on boats are checked regularly

Camping and barbecues

- Even when the flames have gone out smouldering coals can still kill. Never bring a barbecue or camping stove inside an enclosed area, such as a tent
- If you are heading on a boat trip or camping holiday, pack a CO alarm

NGN014

**we are
the network**

The cost-of-living crisis has compounded fuel and food poverty but also around housing costs and other essential items. Our ambition is to alleviate as much of this where possible, by providing support to address needs specific to our communities.

- Raising awareness of energy efficiency measures, to help reduce fuel poverty.
- Help with understanding and managing your energy bills.
- Raising awareness of Carbon Monoxide (including distributing CO alarms).
- Advising about the Priority Service Register and signing up households to this.
- Provide support around money management, income maximisation, benefit and access to services.
- Provide advice on cooking nutritious meals more efficiently and less costly.
- Reduce isolation by encouraging people to attend social groups.
- Providing people with energy saving appliances and items to help people stay warm and improve their energy efficiency.

All this is provided in a warm safe environment designed to:

- Improve health, mental health and wellbeing
- Increase household income
- Help communities better manage their energy consumption

As part of the Northern Gas Networks we are delighted to be able to offer a weekly community meal in our Hub for anyone who needs a warm meal.

12-2pm every Thursday from 14th November 2024

WINTER WARMER CAFÉ

Bringing people together, combating isolation and loneliness providing them with a hot meal – every Thursday.



The Community Meals are kindly sponsored by Northern Gas Networks



CHRISTMAS WREATH MAKING

A fantastic time was had by all with some beautiful results!



Kindly sponsored by The National Lottery Community Fund

If you are interested in finding out more about our events, please get in touch!

CHRISTMAS TREE COLLECTION

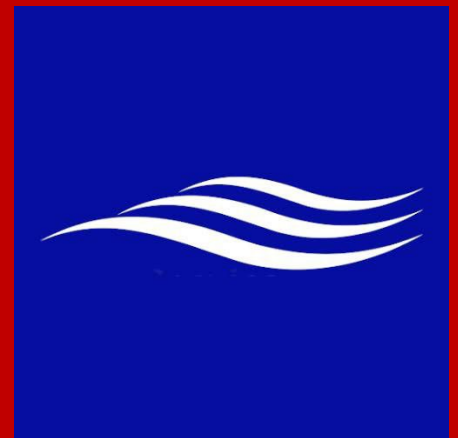
We had some fantastic volunteers again this year to go out in the bitterly cold weather. The snow did hamper us a little but as always, we didn't let it stand in our way!



Thank you...

We would like to thank the businesses that volunteered and helped us with our Christmas tree recycling project.

- Regis Plastering
- Pink Link
- Biffa
- BAM Nuttall
- Aqua Trust
- Pennine Pneumatic Services
- Core Business Solutions
- Richardson Equipment Distributors Ltd
- LC Vehicle Hire







FOCUS4HOPE

Food Club

WE NEED YOUR HELP!

Our bi-weekly Friday Food Club is doing amazingly well, helping over 50 households each week with affordable food as well as helping them to save via Calderdale Credit Union.

We work with Fareshare Yorkshire & Lidl to offer a wide range of ambient and fresh produce to our members.

PLEASE HELP IN ANY WAY YOU CAN AS YOUR DONATIONS MEAN SO MUCH.

REGISTER NOW

